



School Food Service Information

2019-2020
School Year



GOOD SHEPHERD ACADEMY

The School Day Just Got Healthier!

Maschio's is committed to making a nutritious difference in your school. Your child will be satisfied with nutrient-dense, "right-sized" meals that include more fruits, vegetables, and whole grain-rich options. We know some highly active students, like athletes, may need more calories; therefore schools may offer second helpings of food components a-la-carte, including fruits, vegetables and lean proteins.

We take great pride in being able to offer your children healthier food choices so that they can fuel their bodies to get them through the school day and beyond! Making healthy choices and engaging in proper physical activity is a winning combination for another successful school year! As a team we can set up your students for a lifetime of health by implementing nutritious eating at home, at school and achieving an active lifestyle!

First Day of Service:

Sept. 4th, 2019

Meal Prices and Payments

Student Lunch \$4.50

Adult Lunch: \$5.00

Cash, Check and online payments are accepted for meals. For online payments, visit

www.payschoolscentral.com

Options for account management include low balance email notification and auto replenishment.

**Question or Concern Call Food Service Office

973-598-0005

Contact Information

If you have any questions, suggestions, or concerns please contact Kevin Dyal of Maschio's Food Services at 973-340-5010 Ext 2129 and/or kdyal@maschiofood.com

Please visit your school website for our monthly menus, price lists, Cafeteria Connection newsletters and updates.

For nutrition information, please visit:
www.maschiofood.com.

We greatly appreciate your cooperation and look forward to a great year!

Lunch

All meals include:

Hot or Cold Entrée

Fruit Choice

Vegetable of the Day

Refreshing Beverage Choice of:

Xxx

Yyy

Connect with us!    